



## *2019 Prepare in a Year Campaign*

### **Family Disaster Plans – Make a Plan**

The Tip for the month of February is to create your **Family Disaster Plan**. What is the importance of having a plan? Having an emergency disaster plan can help save lives and your family is worth it!

**Know Your Hazards:** The first step in creating your emergency action plan is to learn what hazards are most likely to occur in your community. You can find what you are looking for on the Ready San Diego website: <http://www.readysandiego.org/know-your-hazards/>

**Develop Your Plan:** Now that you know what hazards are most likely to occur in your community, it's time to develop your **Family Disaster Plan**.

- Review the layout of your house and find two ways to exit each room
- Choose a primary and secondary meet up place
- Have an out-of-state contact person that your family can check in with
- **Family Disaster Plan** booklets to help you develop your plan can be found at:  
<http://www.readysandiego.org/Resources/Family-Disaster-Plan-English.pdf>  
<http://www.readysandiego.org/Resources/Family-Disaster-Plan-Spanish.pdf>

**Practice Your Plan:** Walk through the plan and ask yourself: “Will it work if your family has to evacuate in an emergency?” “How will they remember the meet up locations?” “Will they remember the phone number to call or text of the out-of-state contact?”

- Walk through your evacuation plan and ask: “What if?”
- The more you practice your plan the easier it will be to remember it in an emergency

**Stay Informed:** There are several ways to stay informed, but it's important to use reliable sources such as the County's Alert San Diego and CAL FIRE's notifications.

- It's a simple process to register for important alerts, so act today!
  - Ready San Diego: <http://www.readysandiego.org/alertsandiego/>
  - CAL FIRE – Ready for Wildfire: <http://www.readyforwildfire.org/>

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### **Ideas to Consider:**

Involve the entire family in the planning stage. Use reliable sources for information during emergencies. The key to having a successful **Family Disaster Plan** is to practice it as a family!

**72-Hour Go-Bag:** Add one or two food items to your 72-hour go-bag this month.

**February 2019 Monthly Tip – Create a Family Disaster Plan**

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